SENIOR CULMINATING PROJECT (SCP) COMPUTER LAB WORKSHEET
Name: _____Period:_____

The SCP is a graduate requirement for VMHS. It is a six to ten minute presentation where students are given the opportunity to share their post high school exploration plans, careers, education, training, goals and aspirations. This lab is a significant effort to engage you in this process initially with your guidance team, and after by your Language Arts and Social Science instructors. We are asking you to use this lab to support your efforts to explore career details, post high school education or training; and your short and long range goals. Equally, engaging this lab preparation adds to the strength and clarity of your presentation. Remember, you will need to demonstrate or illustrate what is done in that occupation as well.

Part 1 Learning about yourself

What are you interested in, passionate about or enjoy the most? What do other people say to you about what you do well or are capable of?

For your careers what working conditions are the most important to you (independence, support, recognition)?

What is the highest educational level you would like to attain (Professional Degree, A.A., B.A. B.S., M.A., Ed.D,)?

How would you describe the differences between a job and a career?

Part 2 Exploring Careers-Learning about yourself-INTEREST PROFILER

Top Three interest scores after taking the Interest Profiler, describe:

1.

2.

3.

Using the <u>Career Finder</u> locate two to three occupations to explore (save at least two of them in your CCGI portfolio).

1.

2.

3.

While preparing for the SCP presentation, ask yourself these questions:

How is this career a good fit or match for my interests, values, and skills?

1.

2.

3.

What are some of the listed tasks, knowledge, skills, and abilities? Write a few of each down.

1.

2.

3.

What kind of training or education is required (i.e., vocational, postsecondary, etc.)?

1.

2.

3.

What connections and associations have been outlined (check the connections tab) for the careers you selected?

If you don't think this occupation is a good match for you, what three characteristics

of another occupation match you?

What is the median annual salary in a state of your choice, and future growth for two occupations you might be interested in?

    1.

    2.

What steps would you need to take to plan <u>long range</u> for entering this occupation?

    1.

    2.

    3.

    4.

Assistance: Use the <u>SCP Lab Resource</u> on the school website short cuts (home page) to help you look for specific occupations/careers for additional details. For example: ONET online: http://www.onetonline.org/ In the Occupation Quick Search window (top right on screen) type in an occupation and look at the details for that occupation and to add to your notes.

Part 3 College Planning (CCGI)

How is college eligibility determined? Community College?

Under Admissions, look at the eligibility for the CSU (California State Universities)

Blue tool Bar: **Go to Explore Schools-Click Explore Secondary Schools-Click School Finder and select the characteristics you prefer.**

What characteristics are important for you in a college or postsecondary school?

1.

2.

3.

What three schools did you explore? Do you meet their minimum requirements (eligibility index)?

1.

2.

3.

Which one is a Reach for you? Which one is a Match for you? Which one a very safe for you to apply to?

1.

2.

3.

What <u>programs of study</u> and <u>majors</u> did you explore that matches your interests?

1.

2.

3.

What is (a) a short term goal and (b) one long term goal for you to prepare to apply to a postsecondary school you are exploring for both careers?

1a.

1b.

2a.

2b.

Assistance: Use the <u>SEI Lab Resource</u> in your online (VMHS Webite) to help you look for specific majors and colleges, vocational schools, for additional details. For example:

What can I do with this major http://whatcanidowiththismajor.com/major/majors/? This site offers exceptional detail for strategies and goals towards careers within various majors.

Among the many helpful sites including CCGI, the Cappex site offers significant details for each four year, two year college, and vocational school**: http://www.Cappex.com**